

Baseball tryout evaluation form

TryoutSheet

One sheet per player. Rate what you see, write down what you measure.

Player name	Tryout #	Age group
Position(s)	Bats / throws	Date

Ratings (1–5)

Hitting (live or front toss)

Bat path, contact quality, balance and approach over 8–10 swings.

1	2	3	4	5
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Infield defense

Ground balls left, right and in: footwork, hands, transfer, throw.

1	2	3	4	5
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Outfield defense

Fly balls and ground balls: first step, route, catch, crow hop and throw.

1	2	3	4	5
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Pitching mechanics

Delivery, repeatability, off-speed feel.

1	2	3	4	5
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Catcher receiving and blocking

Receiving, blocking balls in the dirt, footwork.

1	2	3	4	5
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Athleticism

Movement, agility, coordination across the session.

1	2	3	4	5
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Coachability and baseball IQ

Listens, adjusts, hustles, knows the situation.

1	2	3	4	5
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Measured

Station	Rep 1	Rep 2	Rep 3	Best
Exit velocity (mph)				
Arm velocity (mph)				
Pitching velocity (mph)				
Pitching strikes (of 10)				
Catcher pop time (s)				
60-yard dash (s)				
Home to first (s)				

Notes (strengths, what to work on)

Evaluator	Overall (1–5)	Recommend: yes / maybe / no
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Score against this group: 1 = well below, 2 = below, 3 = at level, 4 = above, 5 = well above. Leave a station blank if you didn't see it.